



Trail Run/Walk for a Cure!

In Memory of Pat Glennon

Sponsored by:

Thomas F. Ercolano, AIA

Brian and Elisse Glennon

Northbrook Landscape and Pools

Saturday, June 11, 2016

Hilltop Reservation

Courter Lane, North Caldwell

SCHEDULE OF EVENTS

8:00-9:15 a.m. Registration and bib pick up
9:30 a.m. 5K trail run/walk (runners will start first)
11:15 a.m. Award Ceremony

This event is rain or shine.

REGISTRATION

\$25 pre-registration; \$30 on site
Children 7-14 \$15; Children 6 and under are free.
All pre-registered participants will receive a t-shirt.

To Register Online:

www.preludetoacure.org/event/5k-trail-runwalk

To Register by Mail: Prelude to a Cure, Inc.

140 Central Avenue, West Caldwell, NJ 07006

AWARDS

1st, 2nd and 3rd place male 15 and over
1st, 2nd and 3rd place female 15 and over
1st, 2nd and 3rd place finishers 14 and under

5K COURSE DESCRIPTION

Help support the fight against lung cancer while experiencing one of Essex County's hidden gems, the Hilltop Reservation. This inaugural 5K will take place on paved roads, gravel roads, rugged trails through the woods, and also a trail through a meadow of wild flowers and natural grasses.

There will be alternate routes to accommodate various levels of trail runners and walkers. Due to the terrain, strollers are not permitted.

For Sponsorship Opportunities: Contact Claire Mattern, President/Founder (201) 953-6495

Prelude to a Cure: Trail Run/Walk Entry form

Participant's Name (submit one form per participant): _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone: _____ **E-Mail:** _____

Age on event day: _____ **Gender:** Male / Female **Shirt size:** Small / Medium / Large / XL

Entry Fee Enclosed: \$ _____ **I would like to make an additional contribution:** \$ _____

***I cannot attend but I would like to make a contribution:** \$ _____ (Checks payable to Prelude to a Cure, Inc.)

Release of Liability

In consideration of the acceptance of my entry, I myself, my heirs, executors and administrators do hereby release and discharge Hilltop Reservation, Essex County, Prelude to a Cure Inc., all sponsors and volunteers for any claim arising or growing out of my participation in this athletic event. I attest and verify that I have full knowledge of the risks involved, and I am physically fit and sufficiently trained to participate in this event. I am at least 18 years of age or have had this release signed by my parent/guardian if I have not yet reached the age of 18.

X _____ Date: _____

Participant Signature or Parent/Guardian if under age 18